

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

Stay on top of your oral health. Help your transplant go smoothly.

Take advantage of reimbursements* for periodontal (gum) treatments, fluoride applications, sealants and more.



Together, all the way.®



Get reimbursed* for dental treatments. Set yourself up for an easier recovery.

We care about your whole-person health. To help prevent oral infections that can spread, we reimburse* for periodontal (gum) treatments, fluoride applications, sealants and more.

How your oral health and organ transplant are connected**



GUM DISEASE

Anti-rejection medications make it harder to fight off bacteria, which can lead to gingivitis (early gum disease), which causes red, swollen or bleeding gums. Gingivitis can progress to periodontitis (severe gum disease), which can destroy your jawbone and lead to serious infection beyond your mouth.



DRY MOUTH

Antirejection medications suppress the immune system and cause dry mouth, which can lead to mouth sores, gum disease and tooth decay.



ULCERS

Antirejection medications also make the mouth lining more susceptible to sores that can make chewing, speaking or swallowing painful.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- ▶ Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- ▶ Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at **800.Cigna24**.

*You do not have to meet your DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPO plans as well as plan rules for visits to network dentists and out-of-network dentists.

**National Institute of Dental and Craniofacial Research. (n.d.). Organ Transplantation and Your Mouth. Special Care Series. www.myst.org/sites/default/files/legacy_pdfs/patient_education/Oral_Health_Fact_Sheet.pdf

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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