

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

We help address
some of the oral
health challenges
that opioid misuse
can cause.

Take advantage
of reimbursements* for
periodontal treatments,
fluoride applications,
sealants and more.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve oral health.

Opioids and oral health are interconnected. Opioid misuse can cause direct damage to the mouth and chip away at dental routines and hygiene. And for some people, opioids prescribed after dental surgery can lead to addiction.

Trouble maintaining dental hygiene

Opioid users are less likely to keep up with brushing and flossing and more likely to eat foods that are high in sugar.** They have a loss of sensitivity that makes it less likely to seek treatment for issues such as cavities and gum disease.***



DRY MOUTH

A side effect of opioids is dry mouth, which, when combined with increased sugar consumption, can even change the composition of saliva to make it more destructive.** This may lead to mouth sores, gum disease and tooth decay if it's not addressed early.***



ACID REFLUX

Opioids reduce a barrier in the esophagus that helps protect against acid reflux. The more that acids reach the teeth, the higher the chance of damaging the tooth enamel and gum tissues.***

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they'll send us a claim for reimbursement. If your dentist isn't in the Cigna network, you might need to submit the claim. We'll review the claim and mail full reimbursements for covered treatments in about 30 days.

Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

*You do not have to meet your DPPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPPO plans as well as plan rules for visits to network dentists and out-of-network dentists.

**Titsas, A. and Ferguson, MM. (2002). Impact of opioid use on dentistry. Australian Dental Journal 2002;47(2):94-98.
<https://onlinelibrary.wiley.com/doi/pdf/10.1111/j.1834-7819.2002.tb00311.x>

***American Addiction Centers. (2020, February 3). How Drug Abuse Affects Dental Health.
<https://americanaddictioncenters.org/health-complications-addiction/dental-health>

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company (CGLIC), Cigna HealthCare of Connecticut, Inc., Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and Cigna Dental Health, Inc. and its subsidiaries, including Cigna Dental Health Plan of Arizona, Inc., Cigna Dental Health of California, Inc., Cigna Dental Health of Colorado, Inc., Cigna Dental Health of Delaware, Inc., Cigna Dental Health of Florida, Inc., a Prepaid Limited Health Services Organization licensed under Chapter 636, Floas, Inc., Cigna Dental Health of Kentucky, Inc., Cigna Dental Health of Maryland, Inc., Cigna Dental Health of Missouri, Inc., Cigna Dental Health of New Jersey, Inc., Cigna Dental Health of North Carolina, Inc., Cigna Dental Health of Ohio, Inc., Cigna Dental Health of Pennsylvania, Inc., Cigna Dental Health of Texas, Inc., and Cigna Dental Health of Virginia, Inc. In Texas, the insured dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPPPO network. "Cigna Home Delivery Pharmacy" refers to Tel-Drug, Inc. and Tel-Drug of Pennsylvania, L.L.C. Policy forms: OK – Indemnity/DPPPO: HP-POL99 (CHLIC) and GM6000 ELI288 et al (CGLIC), DHMO: POL115 (CHLIC) and GM6000 DEN201V1 (CGLIC); TN – Indemnity/DPPPO: HP-POL69/HC-CER2V1 et al, DHMO: HP-POL134/HC-CER17V1 et al (CHLIC). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

