

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

Stay on top of your
oral health. Have a
healthier pregnancy.

Take advantage of
reimbursements*
for periodontal
(gum) treatment
and maintenance,
cleanings and more.



Together, all the way.®



Get reimbursed* for dental treatments. Set yourself up for a healthier pregnancy.

We care about your whole-person health. To help prevent oral health issues, we reimburse* for periodontal (gum) treatment and maintenance, cleanings and more during your pregnancy.



GUM DISEASE

Changing hormones can aggravate inflammation and cause gums to become red and swollen. Between 60 and 75% of pregnant women have gingivitis,** and if it goes untreated, the bone that supports the teeth can be lost and the gums can become infected. Gingivitis can advance to periodontitis, which can cause poor pregnancy outcomes, including preterm birth and low birth weight.



CAVITIES

Pregnant women may also be at risk for cavities due to changes in behaviors, such as eating habits. One in four women of childbearing age have untreated cavities.**



ORAL ISSUES PASSED DOWN TO THE CHILD

Children of mothers who have high levels of untreated cavities or tooth loss are more than three times more likely to have cavities.**

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- › Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- › Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at **800.Cigna24**.

*You do not have to meet your DPP0 or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPP0 plans as well as plan rules for visits to network dentists and out-of-network dentists.

**Centers for Disease Control and Prevention (CDC). (2019, February 19). Pregnancy and Oral Health. www.cdc.gov/oralhealth/publications/features/pregnancy-and-oral-health.html

Pregnancy maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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