

# Foundational Anti-bias (101) Sample Agenda

# Welcome, Introductions, & Opening the Program Welcome & Intros (Facilitators, ADL, AWOD) Goals of Program Increase knowledge to build safe, inclusive learning environments for all students Acquire skills to address bias, name-calling, and bullying face-to-face and online. Create tangible action plans to promote respectful schools. Overview Agenda

### II. Guidelines for Discussion

10 minutes

 Establishing an Environment of Respect – create an agreed upon set of guidelines conducive to a positive learning environment and discussion.

### III. Personal and Cultural Identity

30 minutes

• *Identity molecule* - explore own personal and cultural identities and understand the role identity plays in how people perceive the world.

### IV. Understanding the Language of Bias

30 minutes

Developing a Common Language - ensure that participants understand key words related to anti-bias education

## V. Examining Bias

45 minutes

• Bias is universal - recognize various forms of bias and their potential impact on individuals and identify ways to address biases in themselves and others.

### VI. Challenging Bias

35 minutes

• Strategies for reducing implicit bias – learn and apply tools for challenging bias behaviors within themselves and others.

### VII. Action Planning

25 minutes

• Spheres of influence – reflect on what they can do to make a difference, develop specific strategies for short- and long-term action steps.