Managing Technology in the Home

Gicguru integrity computer concepts

Question...

How much time do you think your child spends online?

Home, school, in the car...on the iPhones, iPads, laptops, desktops, game consoles, Netflix, Amazon, Sonos, Alexa, Ring, Xbox, PS4, AppleTV, Firestick, Apple Watch...

Today we will cover....

• 5 areas of concern

• 4 rules to consider

• 3 software programs to use

• 2 tech devices

1. Social networking



1. Social networking

The Problem....

*Creating accounts you don't know about *Using certain platforms too young *becoming addicted to certain apps *losing influence as a parent

2. Pornography



2. Pornography

The Problem....

*Stumbling across porn on accident *Sharing porn with other children *saving porn on your mobile device *becoming addicted to porn

3. Bullying apps



3. Bullying apps

The Problem....

*Being bullied affects self esteem
*Bullying others leads to serious discipline consequences
*Bulling is done both ways without parents knowing



4. Sexting apps

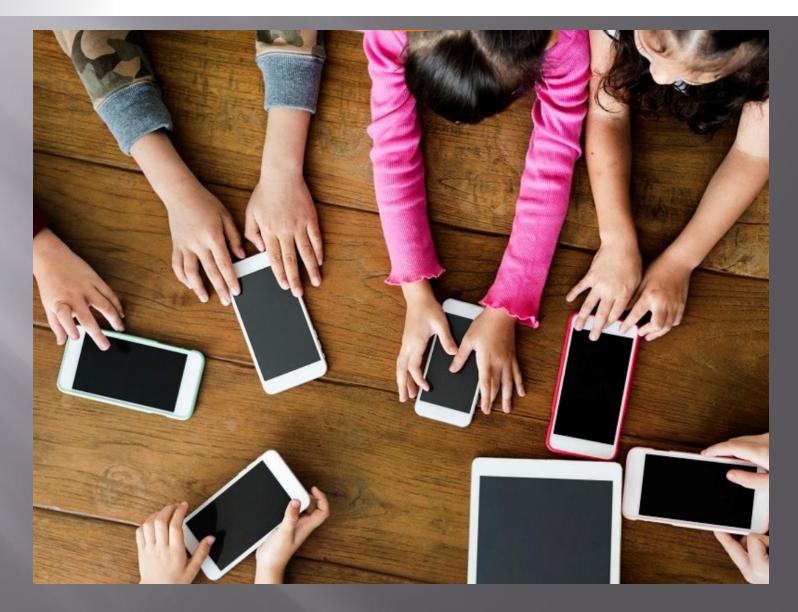


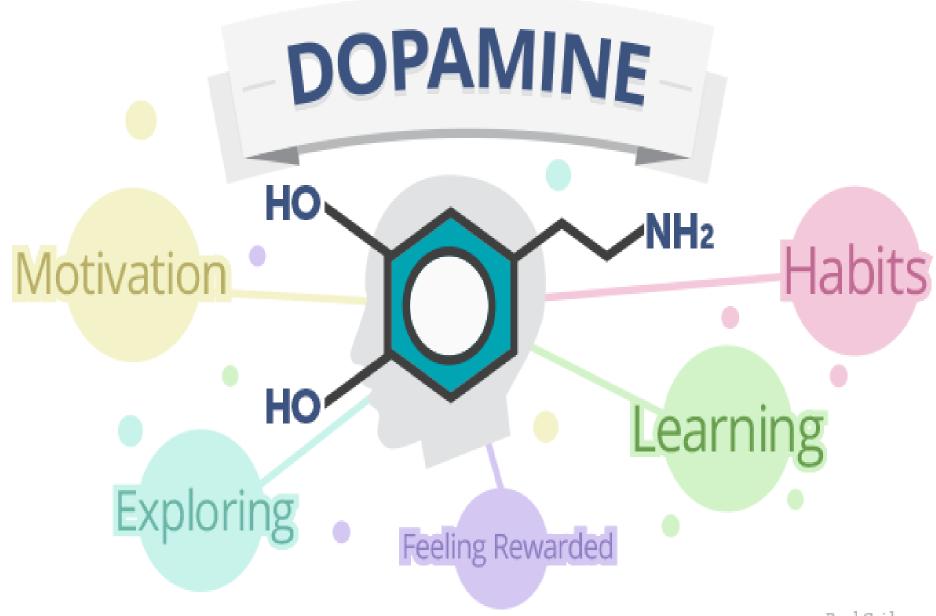
4. Sexting apps

The Problem....

*Sexting can lead to in person encounters
*Used by online predators to find victims
*Kids may view it as harmless
*Over 50% of kids in Jr. High have at least one popular sexting app on their phone

5. Screen Time addiction





PsychGuides.com

5. Screen Time addiction

The Problem....

*Too much dopamine leads to
1) Learning issues
2) Motivation issues
3) Bad habits
4) ADDICTION

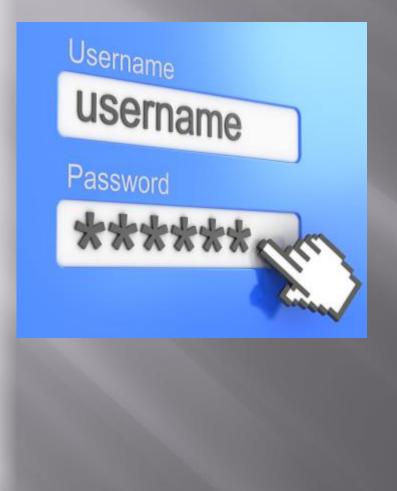
4 Rules to consider

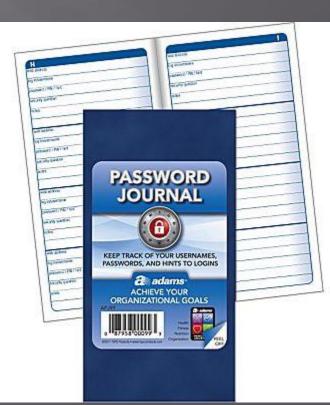


4 Rules to consider

1. Know their passwords!

Know their passwords





4 Rules to consider

Know their passwords! Take away tech at night

Where do the devices live at night?



4 Rules to consider

Know their passwords
 Take away tech at night
 Be present / supervise

The living space, not the bedroom



4 Rules to consider

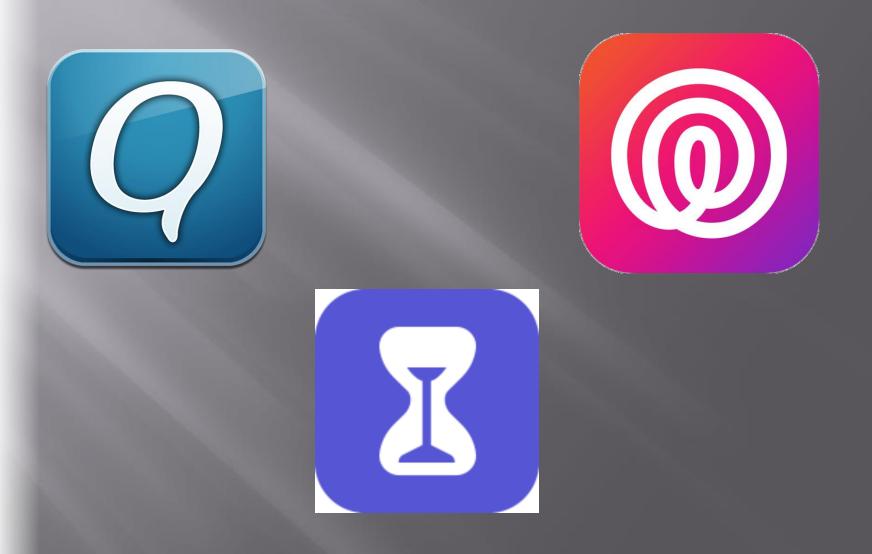
Know their passwords
 Take away tech at night
 Be present / supervise
 Put it in writing

Cell phone contract

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- <u>Cell phone contract</u>
- www.iccguru.com/cellphonecontract.doc

3 Software programs to use

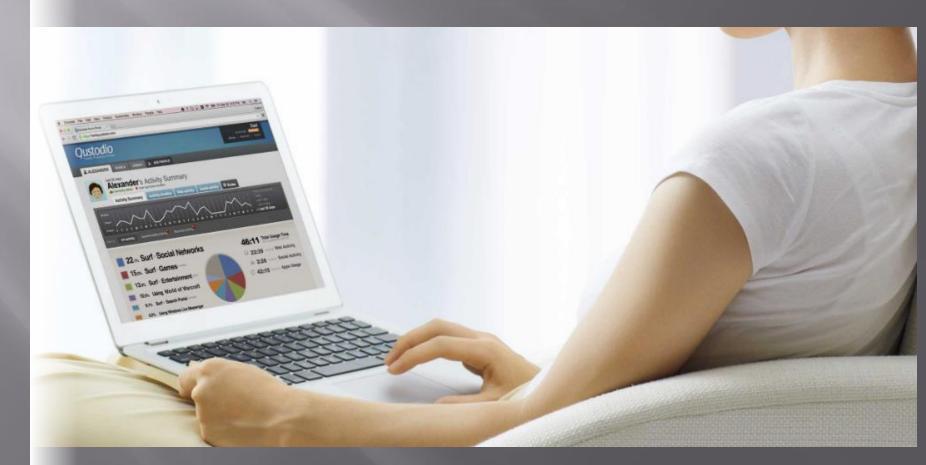


TYPES of programs

Monitoring Filtering Time control

For the Mac or PC





For the Mac or PC





Block pornography

Qustodio's real-time internet filter blocks inappropriate content even in private browsing mode.



View Social Network Activity

Monitor time spent on Facebook, Twitter, Instagram, Whatsapp and more.

Set multi-device time limits

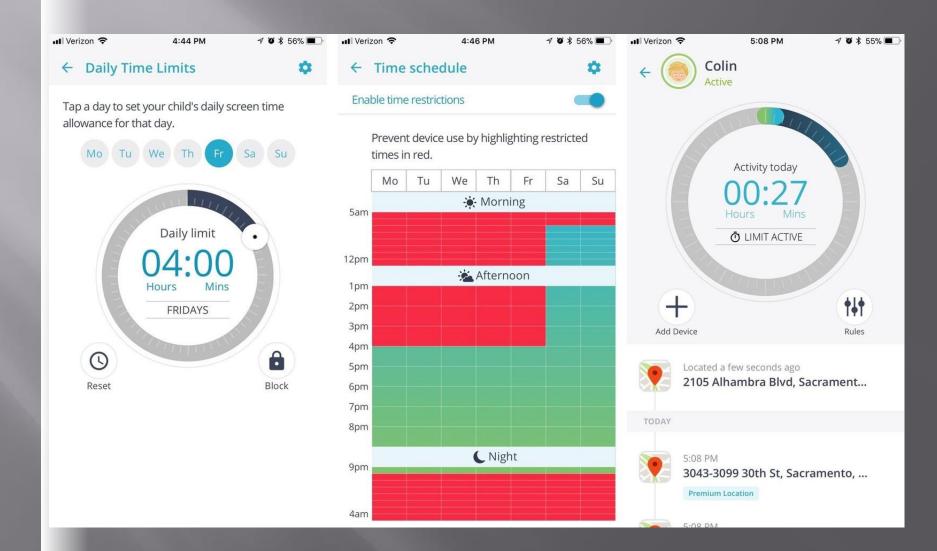
Easily set a time schedule or limits for how much internet time is allowed each day.



Control Games & Apps

Set time limits for games & apps or block apps you don't want from running altogether.

For the Mac or PC



GPS monitoring (FindMyPhone)

Life360 The new family circle



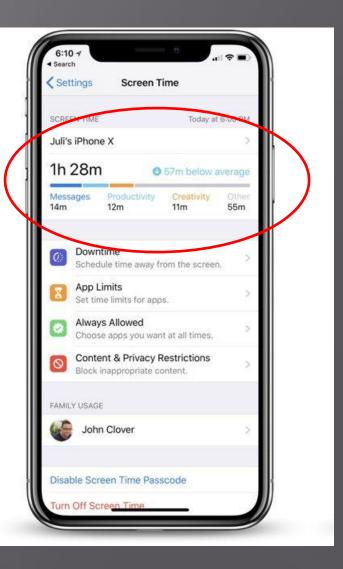




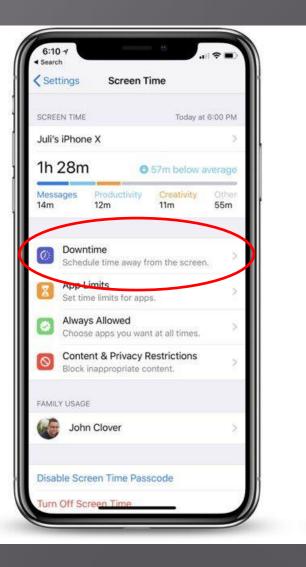


- All phones must be up to date with iOS12
- Each person in family must have own Apple ID
- Family Sharing must be set up with parents and kids
- Kids B-Days must be correct on their Apple ID's
- Activate ScreenTime from YOUR phone and set a password.

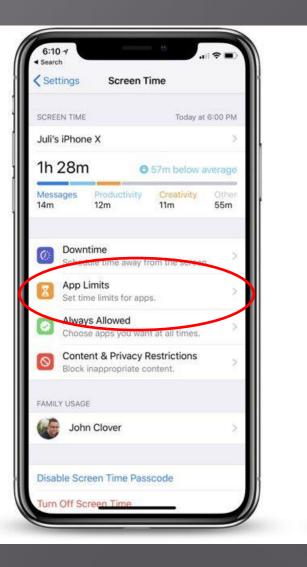
5 Key sections



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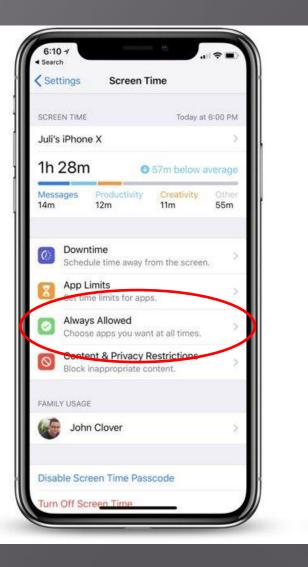


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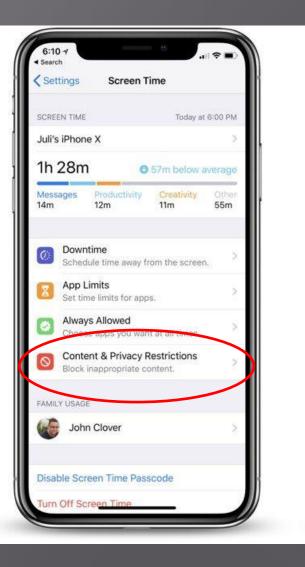
ScreenTime for the iPhone iOS12

5 Key sections



ScreenTime for the iPhone iOS12

5 Key sections



Filter for the Android



\$19 one time purchase



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FUNAMO

Start Funamo to enable Funamo parental control for this device.

Device history

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Device history

View detailed device history (Data synced with Funamo server each night)

Funamo settings

Internet filtering Enable Internet content filtering

Protected apps Protect applications with password

Time-limited apps Restrict applications to specific time slots

App time allowance Set daily limit for selected apps

<u>o - l. - - l. -!..........</u>

Family Link.....for the ChromeBook

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Parent settings

Filter and time management



New Programs

You can allow Jimmy to visit all or some For Jimmy sites when signed in to Chrome. Jimmy can ask for permission to visit blocked sites, too. Learn more Þ. Controls on Google Play > Allow all sites Filters on Google Chrome Ø > Try to block mature sites No filter is perfect, but this should help hide sexually explicit and violent G Filters on Google Search sites. Learn more 5 MANAGE SITES Θ. Apps for Google Assistant > Only allow certain sites Approve requests from Jimmy & 111 Android apps > customize your own list. To manage website permissions and other Location 0 > advanced settings, use the Chrome dashboard.

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Chrome

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MIRRORING



*Using Apple Family Sharing, iCloud and your child's Apple ID *Can be an OLD iPad or an iPhone no longer in use.

2 Hardware devices to use

New devices

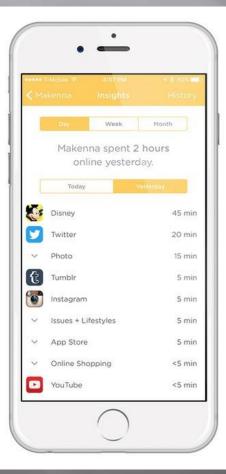
Circle by Disney

Manage all of your home's connected devices. With Circle, parents can filter content, limit screen time and set a bedtime for every device in the home.



New devices

Circle by Disney







New devices

Circle by Disney

| () Your Time Limits | |
|---|----|
| App Store: 15 minutes total 5 minutes left | |
| Music: 30 minutes total 30 minutes lei | ft |
| Total: 2 hours total 30 minutes left | |
| Netflix: an hour total an hour let | ft |
| Minecraft: 2 hours total | |
| 2 10013 10 | |

New devices

Kindle Paper White

\$129

No games

- No social media
- No distractions
- Wifi & free cellular
- Holds thousands of books

CHAPTER 1

LATE SUMMER BREEZE wafted through the open kitchen window, making the twenty tiny flames upon Ceony's cake dance back and forth on their candlewicks. Ceony hadn't made the cake, of course, as one should never bake her own birthday cake, but her mother was a good cook and a better baker, so Ceony had no doubts that the confection, complete with pink cherry frosting and jelly filling, would be delicious.

But as her parents and three siblings sang her birthday wishes, Ceony's mind wandered from the dessert and the celebration at hand. Her thoughts narrowed in on an image she had seen in a fortuity box just three months ago, after reading Magician Emery Thane's fortune. A flowery hill at sunset,

kindle



New devices Bob – Screen Time Manager



Scott's Final Tips

1) Don't be afraid to change some rules! 2) Take technology away at night 3) Get their passwords. 4) Consider using some SOFTWARE to help manage ScreenTime, Life360, Qustodio. Blocksi. FamilyLink 5) Use a HARDWARE device to help manage screen time. Kindle Paper White, Circle, or Bob