

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

We make it easier
to stay on top of
Sjogren's syndrome
symptoms.

Take advantage of
reimbursements*
for periodontal (gum)
treatments, fluoride
applications, sealants
and more.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve oral health.

The oral manifestations of the disease mean that dentists are often the ones to detect Sjogren's syndrome. To keep common oral symptoms under control, we reimburse* periodontal (gum) treatments, fluoride applications, sealants and more.

How Sjogren's syndrome affects oral health**



DRY MOUTH

Dry mouth is one of the most common symptoms of Sjogren's syndrome and can lead to mouth sores, gum disease and tooth decay if it's not addressed early.



ORAL SENSITIVITY

Sjogren's syndrome makes it harder to chew certain foods and more uncomfortable to brush. But it's important to maintain oral hygiene to counteract the lack of protection from decreased saliva.



THRUSH

Since Sjogren's syndrome is an autoimmune disease, it can disrupt the balance of microorganisms in the mouth and lead to a yeast infection. Stay on top of thrush to prevent it from spreading to other parts of the body.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they'll send us a claim for reimbursement. If your dentist isn't in the Cigna network, you might need to submit the claim. We'll review the claim and mail full reimbursements for covered treatments in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

*You do not have to meet your DPP0 or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPP0 plans as well as plan rules for visits to network dentists and out-of-network dentists.

**American Dental Association. (2019, May 16). Sjögren Disease. Oral Health Topics.
<https://www.ada.org/en/member-center/oral-health-topics/sjogren-disease>

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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