

A Cigna Dental Health Connect® solution

# Cigna Dental Oral Health Integration Program®

We make it easier  
to stay on top of  
Parkinson's disease  
oral symptoms.

Take advantage  
of reimbursements¹  
for periodontal (gum)  
treatments, fluoride  
applications, sealants  
and more.



Together, all the way.®



## Get reimbursed<sup>1</sup> for dental treatments. Help improve oral health.

Parkinson's can make managing oral health more difficult. To help make it easier, we reimburse<sup>1</sup> periodontal (gum) treatments, fluoride applications, sealants and more.

### How Parkinson's affects oral health



#### TROUBLE CHEWING AND SWALLOWING

Parkinson's can cause stiffness in the jaw and face muscles and make it more complicated to chew and swallow.<sup>2</sup> This makes it harder to break down food properly, which can lead to cavities and even pneumonia.<sup>3</sup>



#### SALIVA IRREGULARITIES

Some people with Parkinson's swallow less, which causes saliva to pool in the mouth and can lead to teeth problems and mouth infections. Others experience dry mouth as a side effect from medications, which can lead to tooth decay and mouth sores.<sup>2</sup>



#### PERIODONTITIS

People with Parkinson's are more likely to have bacteria that's associated with periodontitis (severe gum disease).<sup>4</sup> These bacteria can cause bleeding, pain and damage to the gums and easily infiltrate the bloodstream to harm other parts of the body.<sup>3</sup>

### How the reimbursement process works

#### 1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program<sup>®</sup> by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

#### 2. Submit your claim

Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they'll send us a claim for reimbursement. If your dentist isn't in the Cigna network, you might need to submit the claim. We'll review the claim and mail full reimbursements for covered treatments in about 30 days.



#### Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

1. You do not have to meet your DPP0 or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPP0 plans as well as plan rules for visits to network dentists and out-of-network dentists.

2. Parkinson's Victoria Ltd. (n.d.). Eating, Swallowing and Saliva Management. [www.parkinsonsvic.org.au/parkinsons-and-you/eating-swallowing-and-saliva-management](http://www.parkinsonsvic.org.au/parkinsons-and-you/eating-swallowing-and-saliva-management)

3. Parkinson's Foundation. (n.d.). Dental Health. [www.parkinson.org/Living-with-Parkinsons/Managing-Parkinsons/Dental-Health](http://www.parkinson.org/Living-with-Parkinsons/Managing-Parkinsons/Dental-Health)

4. Adams B, Nunes JM, Page, MJ, et al. (2019, August 27). Parkinson's Disease: A Systemic Inflammatory Disease Accompanied by Bacterial Inflammagens. *Frontiers in Aging Neuroscience*. [www.frontiersin.org/articles/10.3389/fnagi.2019.00210/full](http://www.frontiersin.org/articles/10.3389/fnagi.2019.00210/full)

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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