

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

Stay on top of your oral health. Keep chronic kidney disease in check.

Take advantage of reimbursements* for periodontal (gum) treatments, fluoride applications, sealants and more.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve your kidney health.

We care about your whole-person health. To help prevent oral infections that can spread, we reimburse* periodontal (gum) treatments, fluoride applications, sealants and more.

How oral health and chronic kidney disease are connected**



GUM DISEASE

If bacteria stays on your teeth for too long, tartar and plaque start to form. Once it builds up and reaches your gums, it can lead to gingivitis (early gum disease), which causes red, swollen or bleeding gums. Gingivitis can progress to periodontitis (severe gum disease), which can destroy your jawbone and lead to serious infection beyond your mouth, especially if your immune system is weakened from kidney disease.



INFLAMMATION

Cavities and gum diseases are chronic bacterial infections that cause pain, difficulty eating and harmful chronic inflammation. If you have chronic kidney disease, this inflammation can lead to heart disease, so it's key to treat it at the source.



DIALYSIS

Since some dental procedures can cause bleeding, it's important to schedule dental appointments on non-dialysis days.



TRANSPLANT DELAYS

The post-transplant medications to prevent kidney rejection further weaken the body's defenses against infection, so a healthy mouth going into it is key. Taking care of any oral infections beforehand allows the transplant to proceed as planned.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- › Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- › Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

*You do not have to meet your DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPO plans as well as plan rules for visits to network dentists and out-of-network dentists.

**National Kidney Foundation. (2018, May 22). The Dental / Kidney Disease Connection. www.kidney.org/atoz/content/dental-kidney-disease-connection

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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