

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

Keep your diabetes in
check by staying on top
of your oral health.

Take advantage of
reimbursements* for
periodontal (gum)
treatment and
maintenance.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve your whole-person health.

To keep your gums healthy and your blood sugar in check, we reimburse* periodontal (gum) treatment and maintenance. .

How diabetes affects your oral health**



PERIODONTAL DISEASE

If your diabetes isn't under control, you're more prone to periodontal disease, which is an infection of the gum and bone that hold your teeth in place. It can cause pain, stubborn bad breath and tooth loss and make your blood sugar harder to control.



THRUSH

Diabetes increases the level of sugar (glucose) in your saliva, which can lead to thrush, a fungal infection that causes painful white patches in your mouth.



DRY MOUTH

When you don't have enough saliva or have high glucose levels, you can get dry mouth, which causes soreness, ulcers, infections and tooth decay.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- ▶ Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- ▶ Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at **800.Cigna24**.



*You do not have to meet your DPP0 or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPP0 plans as well as plan rules for visits to network dentists and out-of-network dentists.

***National Institutes of Health, National Institute of Dental and Craniofacial Research. (2018, July). Diabetes & Oral Health. www.nidcr.nih.gov/health-info/diabetes/more-info

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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