# Finding a Chiropractor in the HMO Network

# Steps for the HMO search with the Chiro Rider sold:

- 1. Go to Cigna.com, click on *Find a Doctor, Dentist or Facility*
- Under Not a Cigna Customer Yet? click on Plans through your employer or school
- Enter desired zip code or city
- 4. Under Medical plan, pick the HMO/Network CIGNA HealthCare of California, Inc. - So. CA HMO/Network option
- 5. Click *Choose* in the orange box
- 6. In the search box type in "chiro" and a box will pop up with options. Click the Chiropractor - California Self Referral option
- 7. You will then see the results pop up for your desired area. You can expand the search by using the filter keys on the top of the screen and widen the miles within your search.

# See below for the results for the HMO search:

### SELECT A PLAN FOR YOUR SEARCH

### IF YOU ALREADY HAVE A CIGNA PLAN...

Log into your myCigna account so you find the doctors covered by your plan and can see what you may pay for many of the most common procedures.

#### IF YOU ARE LOOKING FOR A CIGNA PLAN...

Select a plan for your search to find health care professionals who accept it.

PLANS AVAILABLE IN YOUR SEARCHED LOCATION: COSTA MESA, CA 92626

→ MEDICAL PLANS	HMO/Network - CIGNA HealthCare of California, Inc So. CA HMO/Network
Remind me later	
HMO Cigna HealthCare of California - Southern CA Open Access Network CIGNA HealthCare of California, Inc So. CA HMO/Network Southern CA Select (St Joseph Hoag Health Select Plan, Scripps Select F Southern CA Value	Plan, HealthCare Partners Select Plan)
○ LocalPlus	
OAP	
Open Access Plus, OA Plus, Choice Fund OA Plus	
Open Access Plus, OA Plus, Choice Fund OA Plus WITH CareLink	
PPO	
PPO, Choice Fund PPO	
DENTAL PLANS	No Plan Selected
CHOOSE	

Handy Chiropractic (Chiropractic - Irvine, CA)

Know before you go: Before you visit any provider or facility, we recom new patients.

Know before you go: The Chicago-based Cigna One Health plan will become Directory or contact Customer Service at (888) 806-5042 to locate a particip

# YOUR CHOICES CAN IMPACT YOUR COSTS

Philip N Chironis Medical Corporation (Otolaryngology (Ear, Nose and Throat, ENT) - Newport Beach, CA)

National average costs for common procedures:

Wellness Chiropractic Group, Inc (Internal Medicine - Irvine, CA)

\$760 - \$4,500 Colonoscopy (non-preventive) Global Physician Care for Pregnancy & \$2,030 - \$5,610 Get my cost Lower Back MRI (without dye) \$24 - \$2,820 Mammogram (one breast) \$100 - \$480 Get my cost Skin Biopsy \$170 - \$620 Get my cost

Note: Costs can vary significantly depending on where you receive care. For example, a colonoscopy done at an outpatient surgical center can cost much less than if performed in a hospital. Log in to mycigna to view cost estin

# **POPULAR SEARCHES**

Family Doctor

General Dentist

Hospitals Labs

OB-GYN

Orthopedic Surgeon

Pediatrician (Child Doctor)

Pharmacies

Primary Care Provider (PCP)



FIND IMMEDIATE CARE
Is the Emergency Room (ER) your best option? You may find fast, convenient and affordable care locally or by phone or video.

**EXPLORE ALTERNATIVES**